



Raksha Care Homes

High School Volunteer Program

High School Volunteers

High school students will be offered a variety of volunteer assignments to gain valuable insight into the Assisted Living environment while providing an important service to Raksha Care Homes. Student interests and availability are taken into consideration when coordinating activities.

Benefits:

- Making a difference in the lives of senior residents and the community at large.
- Being part of the Raksha Care Homes Community and giving back to society.
- Obtaining your credit for volunteer service hours for school.

Opportunities:

Volunteers serve in three main ways: engaging with residents in activities such as board games, poetry readings, current event discussions, card games, musical activities and performances. Activities are created from the unique skills and interests of both seniors and volunteers.

Commitment:

We request that volunteers commit to a specific timeslot per week as determined by interested volunteers and Raksha Care Homes' Activity Coordinator. Day and weekend shifts are available. In addition, there may also be opportunities for projects and activities that are developed depending on your unique skills and interests.

What is required?

- 16 years of age at the start of volunteering
- Volunteer Intake Form, Signed Volunteer Disclaimer

Whom do I contact?

For more information, please directly contact Bhumi Bhutani by email at BhumiB@rakshacare.com. Visit www.rakshacare.com for more information about your community



Volunteer Intake Form

Name: _____
Last First Middle

Date of Birth: ____ / ____ / ____

E-mail address: _____

Local Address: _____
Street City

State Zip

Contact: _____
Home phone Work phone Cell phone

Location of volunteer placement: _____

Current School Attending: _____

Grade/Year: (Circle) Freshman/Sophomore/Junior/Senior

Name of School: _____
City

Please indicate your areas of interest in volunteering:

Have you previously volunteered at Raksha Care Homes? If yes, which location?

Do you speak any language other than English fluently? If yes, which one?

What are your reasons for volunteering at Raksha Care Homes?

Raksha Care Homes



Please indicate below the days and times you are available to volunteer:

Volunteer shifts are generally 1 1.5 to 2 hours. If you are unable to attend on your designated day please inform the Activity Coordinator at least 2 days before.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Please list a person to contact in case of an emergency:

Name _____

Home Phone _____

Work Phone _____

Cell Phone _____

Primary Doctor's Name & Phone Number: _____

Volunteer Disclaimer

Please read and sign below:

I understand that Raksha Care Homes is not responsible for illness or injuries encountered during my volunteer service. I understand and agree that in the performance of my duties as a volunteer of Raksha Care Homes, I must hold in the strictest confidence any observations I may make or hear regarding residents, resident families, or staff. I understand that intentional or involuntary violation of confidentiality may result in disciplinary actions, including termination by Raksha Care Homes and/or possible legal action by others (e.g. residents, their families, etc.). Raksha Care Homes is not obligated to provide volunteer placement. My signature and my guardian's signature indicate my acceptance of the above.

Student Signature

Date

Guardian Signature

Date